



BALTZERSEN'S

YORKSHIRE SOURCED — SCANDINAVIAN INSPIRED

Our Story

Liv Esther Baltzersen was born in Sauda, Norway on 17th April 1923. She grew up in Norway and in 1948 she visited England, attended the London Olympics and through a mutual acquaintance met her future husband. She was a fantastic cook and baker, spoke 7 languages, loved knitting and gardening, but most importantly to me she was my Grandma.

During my childhood, without realising it, I grew up eating Norwegian food whenever we'd visit Grandma. There was always a battered old Wall's ice cream tub of serinakaker or mandelskiver biscuits and waffles were a regular snack on a Sunday afternoon - I never really wondered why other people didn't eat them. As we grew older Baltzersen's was a concept often discussed in our family.

At the end of my time as an officer in the army, I wrote a document describing what I thought Baltzersen's could be and what it should mean to the people who worked there and those who visited.

I hope you enjoy the experience and a taste of my childhood.

Paul Rawlinson



WiFi Code:
hyggeinharrogate



BREAKFAST

Served until Noon

Selection of toast with Acorn Dairy organic butter (v)(GF on request) 3.95

With: Jam | Marmalade | Peanut Butter | Nutella | Marmite

Havregrød (GF) 4.50

Oat porridge served with dulce de leche, toasted almonds and apple.

Hesper Farm Yorkshire Skyr (v)(GF) 4.95

Icelandic cultured yoghurt with fruit compote and buckwheat granola.

Bacon or Spinach on Toast 7.95

Smoked streaky bacon or wilted spinach (v) on toasted light rye with a poached duck egg and hollandaise sauce

Add extra items: 1.75

Smoked Sausage
Smoked Cheese

Bacon
Spinach

Poached/Fried Egg
Mushrooms

PASTRIES

Baked fresh every day so available whilst stocks last.

Sultanaboller (v) 2.50

Our version of a teacake with sultanas and cardamom. Served toasted with butter.

Cinnamon Bun (V) 2.40

Our best-selling baked item, an absolute Scandi classic.

↑ ↑ ↑ ↑ ↑ ↑ ↑ ↑ ↑ ↑
SERVED WARM ON REQUEST

Cheese Swirl 2.40

The savoury option, fillings change daily so ask at the counter.

↑ ↑ ↑ ↑ ↑ ↑ ↑ ↑ ↑ ↑
SERVED WARM ON REQUEST

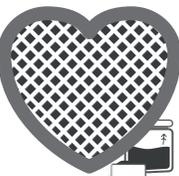


Please take note of your table number and order at the counter when you are ready.

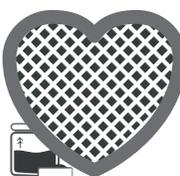

ALL DAY

 Served 8am - 5pm daily

Gravlaks and Potato (GF)	8.25
Home-cured salmon on potato cake with a poached duck egg and sweet dill dressing	
Avocado on toast (Ve)	6.95
Avocado on toast with roasted tomatoes, shredded fennel, garlic aioli and lingonberry ketchup	
Add chicken, halloumi or gravlaks + 2.00	
Pyttipanne	7.95
Fried potatoes, beetroot, garlic and onion topped with a fried egg	
Choose from:	Smoked sausage
	Smoked Yorkshire Dama Halloumi (v)(GF)
	Mushrooms and Spinach (Ve)(GF) *Please request this as VEGAN if required*
Add extra items (see previous page):	1.75



GLUTEN-FREE WAFFLES



Traditional heart shaped Scandinavian waffles prepared on our irons imported from Trondheim, Norway.
4.95

Served with whipped vanilla cream and your choice of:

Seasonal Fruit Compote	Jam
Nutella	Salted Caramel
Maple Syrup	

Extra Side (any of the above or banana)
 0.95



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LUNCH

Served from Noon - 5pm

Fishcakes 7.95

Fishcakes on a bed of mixed leaf salad, sweetcorn and a sweet dill dressing.

Mackerel Paté 6.50

Served with rye toast, gooseberry chutney and salad.

The 'Baltz Bowl' 6.95

A healthy bowl of salads, vegetables, nuts, seeds, beans, grains and pickles with herb oil dressing. (Ve)

Add chicken, gravlaks or halloumi + 2.00

The Nordic Club S E R V E D W A R M 8.95

Classic triple decker sandwich on light rye with chicken, smoked bacon, tomato, Jarlsberg cheese, lettuce, gherkins and mustard mayo.

Served with potato salad and house slaw.

Pølse (Sausage) 7.95

Pølse is the Scandi streetfood item of choice, you'll see carts all over Copenhagen, Stockholm and other cities. Our version is a smoked 100% Yorkshire pork frankfurter with pickled cucumber, crispy onions, mustard, ketchup and remoulade served with potato salad and house slaw.

Supplied by:

Lishman's
— MASTER BUTCHER OF ILKLEY —



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OPEN SANDWICHES

served with potato salad and house slaw

Meatballs with fried onion, melted cheese and lingonberry jam SERVED HOT 7.95
(OUR MEATBALLS CONTAIN GLUTEN)

Poached chicken breast, grilled baby gem, roast garlic aioli, pickled
button mushrooms and herb pesto (OUR PESTO CONTAINS PINE NUTS) 7.95

Curried herring, sliced fennel and apple, capers and dill. 7.95

Yorkshire Blue cheese, pickled pear, romaine lettuce and caramelised
red onion chutney. (V) 7.95

Grilled Yorkshire Dama halloumi, apple and radish relish and pea
shoots (V) 7.95

Egg mayonnaise with fresh and pickled cucumber, tomato and shallots (V) 6.45

If you'd prefer your sandwich closed just ask for an extra slice.
It's free of charge.

GLUTEN FREE

We bake our own gluten free bread, please request this at the till.



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FOR YOUNGER GUESTS



Breakfast (Served until Noon)

Kids Cereal

2.50

Your choice of cereal with your choice of fresh apple or banana and served with Acorn Dairy Organic Whole Milk (skimmed and plant based alternatives available)

Shreddies
Rice Krispies

Multigrain Cheerios
Cornflakes

Porridge (GF)

2.50

Porridge served plain or with your choice of fruit compote or jam.

All Day

Kids Toast

2.95

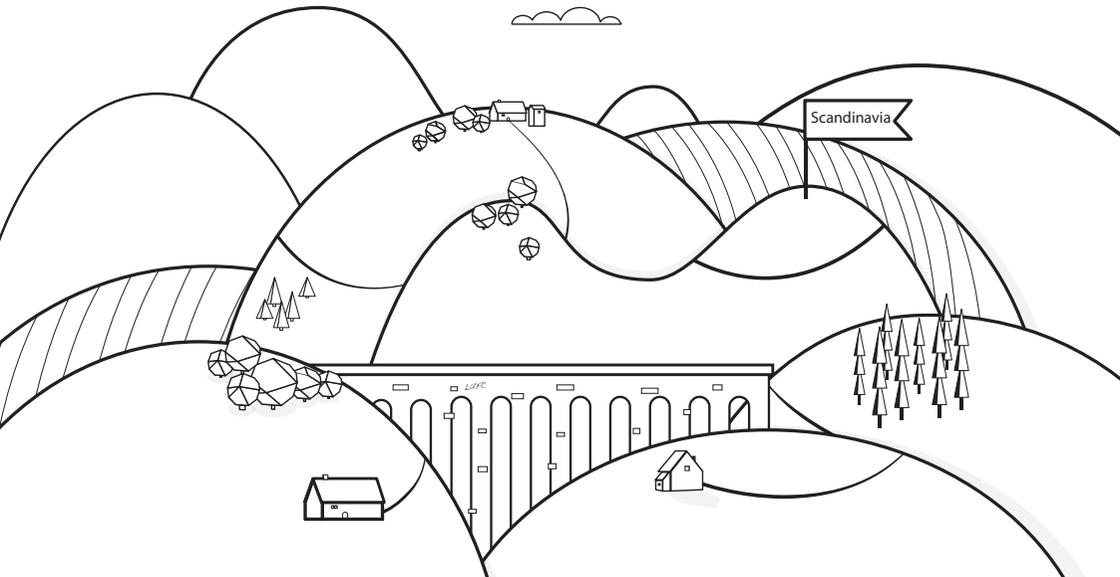
Two slices of light rye toast with Acorn Dairy organic butter and a choice of topping (see breakfast page).

Homemade Purée

If you're at that stage where your child needs puréed food then please ask, we make our own purée containing potato, carrot and swede. These are provided free of charge.

If you would like hot water to heat milk or make up formula please ask one of the team.

We are also happy to heat baby food that you have brought with you.





FOR YOUNGER GUESTS



Mix and Match Lunch (Served from Noon)

Four items for 4.50

Choose One:

Sandwiches (Ask if you'd like it toasted)

Your choice of up to 2 fillings served on light rye bread:

Chicken	Cheese	Egg Mayo
Ham	Tomato	Bacon

Mini-Meatballs

Homemade pork and beef meatballs served in tomato sauce and a slice of bread.

Pyttipanne

Fried potatoes with garlic and onion topped with a fried egg.

Choose from:

Smoked sausage
Smoked Yorkshire Dama Halloumi (v)(GF)
Mushrooms and Spinach (Ve)(GF) *Please request this as VEGAN if required*

Pølse (Hotdog)

Small hotdog served in a homemade bun, please ask for tomato sauce or mustard.

Choose Three:

Strawberry Yoghurt	Hummous
Banana	Pom Bears
Apple	Cherry Tomatoes
Carrot or cucumber sticks	Sultanas
Chocolate cookie	

Add a drink (+75p):

Cold Milk	Orange Juice
Babyccino	Apple Juice
Cordial (Elderflower/Lemon)	

HOT DRINKS

	Reg	Large		Reg	Large
Espresso	1.70	2.40	Mocha (12oz)		3.70
Espresso Macchiato (2oz/4oz)	2.30	2.80	Babyccino (5oz)	1.20	
Piccolo (4oz)	2.80		Hot Chocolate (12oz)		3.60
Flat White (5.4oz)	3.00		White Hot Chocolate (12oz)		3.60
Cappuccino (6oz/12oz)	2.80	3.60	Orange Hot Chocolate (12oz)		3.60
Latte (8oz/16oz)	2.80	3.60	Mint Hot Chocolate (12oz)		3.60
Batch Brew (8oz/16oz)	2.60	3.30	Chai Latte (12oz)		3.60
Americano (8oz/16oz)	2.80	3.60	Honey Latte (12oz)		3.60
Syrup	0.30	0.60	Extra Espresso Shot	0.70	

Vanilla | Gingerbread | Cinnamon | Caramel | Hazelnut | Praline

Batch Brew Coffee



Maude Coffee Roasters

Please ask your barista about our current single origin coffee

Plant-Based Milk Alternatives

We recommend:



Alpro Soya, Coconut or Almond milk is also available.

Loose Leaf Tea (12oz pot)

2.90

- Breakfast Blend
- Black Russian Caravan
- Raspberry and Rhubarb
- Earl Grey Blue Lady
- Green Kombucha
- Chinese Sencha
- Black Spicy Chai
- Harmony Fruit
- Rooibos
- Egyptian Mint
- Mango Delight
- Decaf Ceylon
- Baltzersen's 'Fika' Blend
- Osmanthus
- Camomile



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COLD DRINKS



Iced Latte (12oz) 3.70
 A double espresso topped up with milk, shaken over ice with a touch of agave syrup to sweeten.

New



FITCH
 BREW CO.

Espresso Tonic 2.95
 Espresso naturally sweetened and blended with Bermondsey tonic.

Cold Brew 2.95
 Cold brewed single origin coffee. Berry nose and chocolate finish.

YUMCHA

ICED TEA AS IT SHOULD BE

Iced Tea (12oz) 3.20
 A selection of teas shaken with ice.

- Lemon Ceylon
- Sour Plum
- Moroccan Mint
- Earl Grey
- Jasmine
- Elderflower



Freshly Squeezed Juice
Orange | Apple

(Kids Size)
 125ml 250ml

1.95 2.95



2.20



Orange | Lemon | Orange & Pomegranate 2.40



Strawberry & Raspberry **Dandelion and Burdock**
Lemonade & Elderflower 2.90

Apple & Rhubarb



Ginger Beer 2.45
Root Beer

Yorkshire Fruit Cordials (Still/Sparkling) 2.40
 Elderflower | Lemon

Harrogate Spa Water (Still/Sparkling) 1.80



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BEER



Pilsner (4.7%)

Hoppy Joe, Red Ale (4.7%)

Lucky Jack, Pale Ale (4.7%)

Grapefruit Jack, Grapefruit Pale Ale (4.7%)

Sour Suzy, Berliner Weisse (4%)

Beer brewed in Stavanger, Norway.

4.00



Are you a member?

Baltzersen's Rewards members receive points back on all of their purchases from the cafe.

You can earn 10% points on your hot drink spend and a 5% on your food spend. They tot up quickly and you can start using them like cash straightaway.

If you'd like to join or know more then ask one of our team today.

p.s. Don't forget to write your birthday on the card to get a free piece of cake!



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