

## SIDES

Tadka Dal	4.00
Kachumber salad	3.00
Bombay Potato	4.00
Sliced Onions	1.50
Sweet Potato Masala Chips	3.25

*Dal and Bread can be prepared with out dairy,  
please ask our Team*

## DESSERT

Kesari Bath	3.95
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*Semilona cooked with saffron and topped with dried nuts*

itr

indian  
tiffinroom

CHEADLE · MANCHESTER · LEEDS

VEGAN  
MENU

All our dishes may contain traces of nuts,  
dairy and gluten. Please ask a member of our  
ITR team for any allergen and special dietary  
requirements.

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## STREET FOOD GRAZING OR STARTERS

### VEG WARM

**Vada pav** 4.95  
*Indian veg burger*

**Mysore Bonda** 4.60  
*Crunchy lentil fritters with chutney*

**Home Made Samosa** 5.50  
*Authentic Punjabi style served with tamarind and mint chutney*

**Gobi Manchurian** 6.00  
*Cauliflower wok fried the Indo-Chinese way*

**Beetroot Shami Kebab** 5.75  
*Pan fried beetroot pattie*

**Okra Fries** NEW 4.75  
*Crispy Fried Okra*

### VEG COOL

**Bhel Puri** 4.25  
*Crushed crispy pastry, seasoned potatoes and puffed rice coated in a date chutney*

**Paani Puri** 4.00  
*Puffed hollow pastry rounds filled with seasoned potatoes and chilled mint flavoured water – pop them whole in the mouth for a flavour explosion*

**Sev Puri** 4.00  
*Pastry rounds topped with chopped onions, garnished with tamarind chutney and pastry vermicelli*

## GRILLED KEBABS

*Vegetables marinated with special spices and cooked in the charcoal tandoor.*

**Tandoor Broccoli** 6.75

**Mushroom Tikka** 6.60

## TIFFIN MEETS ITR

*South Indian Tiffin dishes are the cornerstone of our menu. These dishes are traditionally eaten for breakfast, lunch or dinner in India even to this day. They are served in Indian streets, restaurants and at homes.*

**Idly** 4.25  
*Rice and lentil steamed dumplings*

**Medu Vada** 4.25  
*Fried lentil flour doughnut*

**Idly Vada** 5.00  
*Combination of dumplings and doughnut*

**Plain Dosa** 5.25  
*Thin rice and lentil crepe*

**Masala Dosa** 5.95  
*Thin rice and lentil crepe with potato masala filling*

**ITR Mysore Masala Dosa** 6.25  
*Thin rice and lentil crepe with ITR chutney and potato masala filling*

**Madurai Dosa** 6.25  
*Thin rice and lentil crepe with spicy red chilli chutney and potato masala filling*

**Rava Dosa** 6.00  
*Thin and crispy semolina crepe, mildly spiced and garnished*

**Rava Masala Dosa** 6.25  
*Thin and crispy semolina crepe with potato masala filling*

**Onion Rava Dosa** 6.10  
*Thin and crispy semolina crepe, sprinkled with onion, mildly spiced and garnished*

**Uttapam** 6.10  
*Thick rice and lentil pancake*

## INDO-CHINESE

*Indian take on Chinese food!!*

*The term 'Indo-Chinese' was coined from the small Chinese community that lived in Kolkata for over a century. It is an adaptation of Chinese seasoning and cooking according to Indian tastes.*

	<small>VEG</small>
<b>Fried Rice</b>	6.25
<b>Haka Noodles</b>	6.25
<b>Schezwan Rice</b>	6.50
<b>Schezwan Noodles</b>	6.50

## ITR MAINS

**Imlidaar Baingan** NEW 9.10  
*Egg plant cooked in a tangy sauce, a traditional south Indian delicacy*

**Aloo Palak** 8.95  
*Spinach cooked with potatoes*

**Dal Makhani** 8.95  
*Black Lentils and Red Kidney Beans cooked with ITR spices*

**Puri Masala** 7.75  
*Puffed wheat flour bread served with potato masala*

**Channa Batura** 9.50  
*Authentic puffed bread served with chickpea masala*

**Vegetable Biryani** 9.50  
*Vegetables cooked with spiced aromatic rice served with lentil stew*

## RICE & BREAD

<b>Rice</b>	3.10	<b>Naan</b>	2.50
<b>Brown Rice</b>	3.50	<b>Garlic Naan</b>	3.00
<b>Jeera Pulao</b>	3.50	<b>Puri</b>	2.35
<b>Lemon Rice</b>	4.25	<b>Batura</b>	2.50
<b>Tandoori Roti</b>	2.35		

*Bread can be prepared with out dairy, please ask our Team*

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